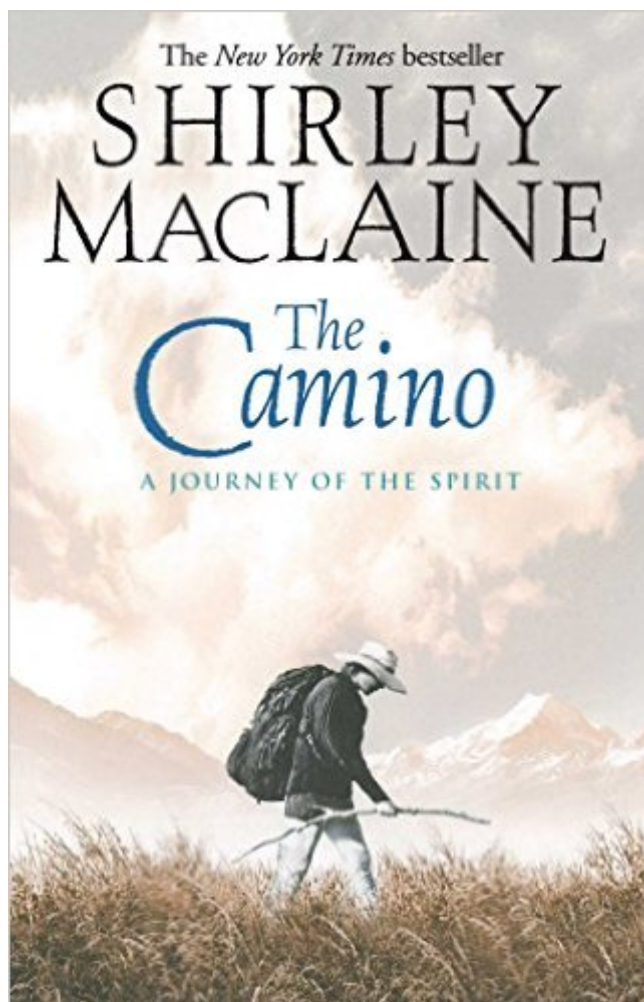


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# The Camino: A Journey Of The Spirit



## Synopsis

It has been nearly three decades since Shirley MacLaine commenced her brave and public commitment to chronicling her personal quest for spiritual understanding. In testament to the endurance and vitality of her message, each of her eight legendary bestsellers -- from *Don't Fall Off the Mountain* to *My Lucky Stars* -- continues today to attract, dazzle, and transform countless new readers. Now Shirley is back -- with her most breathtakingly powerful and unique book yet. This is the story of a journey. It is the eagerly anticipated and altogether startling culmination of Shirley MacLaine's extraordinary -- and ultimately rewarding -- road through life. The riveting odyssey began with a pair of anonymous handwritten letters imploring Shirley to make a difficult pilgrimage along the Santiago de Compostela Camino in Spain. Throughout history, countless illustrious pilgrims from all over Europe have taken up the trail. It is an ancient -- and allegedly enchanted -- pilgrimage. People from St. Francis of Assisi and Charlemagne to Ferdinand and Isabella to Dante and Chaucer have taken the journey, which comprises a nearly 500-mile trek across highways, mountains and valleys, cities and towns, and fields. Now it would be Shirley's turn. For Shirley, the Camino was both an intense spiritual and physical challenge. A woman in her sixth decade completing such a grueling trip on foot in thirty days at twenty miles per day was nothing short of remarkable. But even more astounding was the route she took spiritually: back thousands of years, through past lives to the very origin of the universe. Immensely gifted with intelligence, curiosity, warmth, and a profound openness to people and places outside her own experience, Shirley MacLaine is truly an American treasure. And once again, she brings her inimitable qualities of mind and heart to her writing. Balancing and negotiating the revelations inspired by the mysterious energy of the Camino, she endured her exhausting journey to Compostela until it gradually gave way to a far more universal voyage: that of the soul. Through a range of astonishing and liberating visions and revelations, Shirley saw into the meaning of the cosmos, including the secrets of the ancient civilizations of Atlantis and Lemuria, insights into human genesis, the essence of gender and sexuality, and the true path to higher love. With rich insight, humility, and her trademark grace, Shirley MacLaine gently leads us on a sacred adventure toward an inexpressibly transcendent climax. The Camino promises readers the journey of a thousand lifetimes.

## Book Information

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## Customer Reviews

"There are many ways to experience one's spiritual education." This quote from Shirley MacLaine sums up this incredible book perfectly. This is Shirley's journey of one finding themselves, or re-discovering themselves on the centuries old Camino - a 500 mile spiritual trek across Spain. I found this book to be wonderfully enlightening, illuminating, and I applaud Shirley for the courage to complete this journey of the Spirit. Shirley says, "The Camino itself helps facilitate the resolution of emotional issues." The reader is treated to flashbacks of Shirley's past lives as she once lived along the Camino, including an amazing past life in Lemuria and Atlantis. I found Shirley's honesty and candor refreshing, and many of her insights hit directly home with me. I do believe that the reader will also gain as many insights as I did and stop and let it all sink in. We are treated to her lessons and fears that she has to conquer as well. I really resonated with her thoughts on fear: "Never ask yourself what it is you fear - instead ask yourself what it is that concerns you. A fear thought, put out, will return, because all energy returns to the sender. Any energy always makes a loop until it regains the source. A concern thought will return also. At that moment discern why you're concerned." I began my spiritual questing with Shirley's first book and have devoured everything she has written. She is not afraid to speak her truth and she is not afraid to seek to deepen her spirituality and then share the rest of that with humanity. I am sure that I am not the only one who she has deeply and positively affected.

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